

LEARN TO

SKI JUMP



BE A PART OF THE JUNIOR SNOWFLAKE SKI JUMPING PROGRAM THIS WINTER!

The Snowflake Ski Jumping Program provides developing jumpers with expert coaching, a good facility, and state-of-the-art equipment.

**INFO AND SIGN UP NIGHT: Monday December 4th 7:00PM at Mt. La Crosse Chalet
Tuesday, December 5th at 7:00 pm at Westby Area High School - Room 103 -**
There will be signs at the main entrance

At this meeting, we will introduce parents and kids into the world of ski jumping through a video presentation and a Q&A session. Choose either meeting based on your preference, each meeting will provide the same information.

Snowflake has one of the largest facilities in entire Midwest for ski jumping. We have hills that are 5, 10, 20, 40, 65 and 118 meters in size. New jumpers will start on the 5 meter, or "bunny hill," and progress to the next largest jump as their skill level and coach's discretion permits. The ski club is one of nearly a dozen other clubs in the Central Division that hosts ski jumping training and competitions throughout the winter.

The Junior Snowflake Ski club is looking for 7-11 year olds that are interested in trying ski jumping. Starting at this age allows the jumpers to start at the same time as their peers in other clubs, so there is continuity across the country. Ski jumping isn't just for boys. Women's ski jumping will be in the 2018 Olympics in PyeongChang, South Korea. The USA Nordic Men's team has also shown strong results. There has never been a better time for boys and girls to start the quest of learning how to fly.

Participation Benefits

Improve physical fitness
Develop good sportsmanship
Learn work ethic and goal-setting

Foster camaraderie with other jumpers and fans
Have the opportunity to travel throughout the nation.
Involvement in a very unique sport that can provide life-long lessons.

Costs: Annual membership fee, coaching fee,
and equipment rental for one skier: \$200
Additional skiers from the same family: \$175

Isn't it Dangerous?

Ski jumping is one of the safest winter sports. It is safer than downhill skiing and snowboarding!

For more info, visit snowflakeskiclub.com
or contact Matt Keuler at 608-799- 1071 or matt.keuler@gmail.com